



Neurorehabilitation

Creative Activities That Can Be Done at Home

Are you aware that we have materials at home that can be used to create many games?

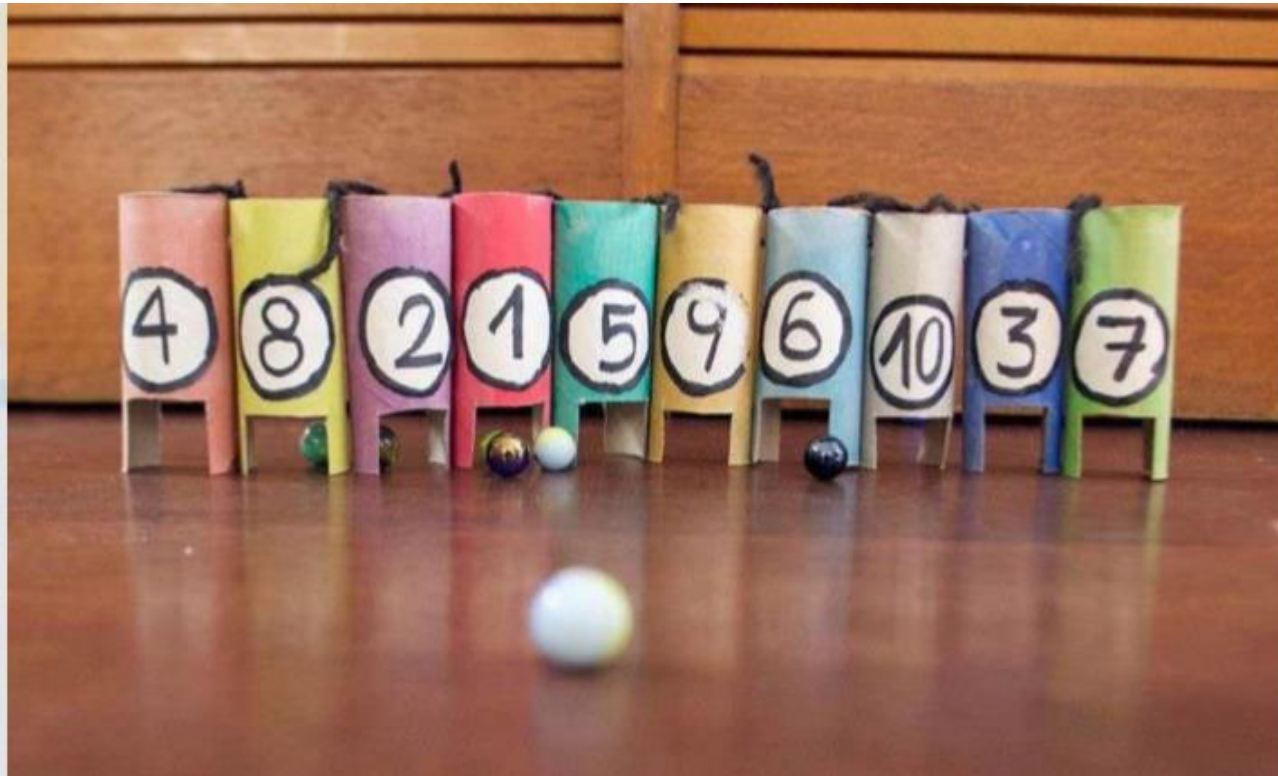
- Folders
- Markers and Paints
- Toilet and Paper towel Rolls
- Clothes Pins
- Pillows
- Towels
- Sheets
- Tape
- Tooth picks
- Marbles or Balls
- Rice
- Macaroni
- Lentils
- Salt
- Matches
- Container
- Shaving cream

Paper towel or Toilet Paper Rolls

Create words: Names, animals, fruits, phrases... **Read and write.**



Paper towel or Toilet Paper Rolls, paints, marbles or balls. Paint and shoot!



Pillow circuit. Put pillows and towels with different textures and different heights. **Motor-Sensory stimulation.**



Pillows, towels, sheets. Create forts! Imagination and creativity. Symbolic playtime.



Shaving cream drawings and writing. Motor-sensory and tactile stimulation, imagination, writing practice.



Open container filled with rice, macaroni, lentils and other things that can be buried. **Tactile stimulation and differentiation, and fine motor-skills.**



**Toilet paper or Paper towel rolls, paint and markers.
How many points can you get! Add up your points!
Aim, math, and hand-eye coordination.**



Ball and Tape Circuit. Coordination.



Plastic cups, paint, markers and clothes pins.
Counting, addition and fine-motor skills.



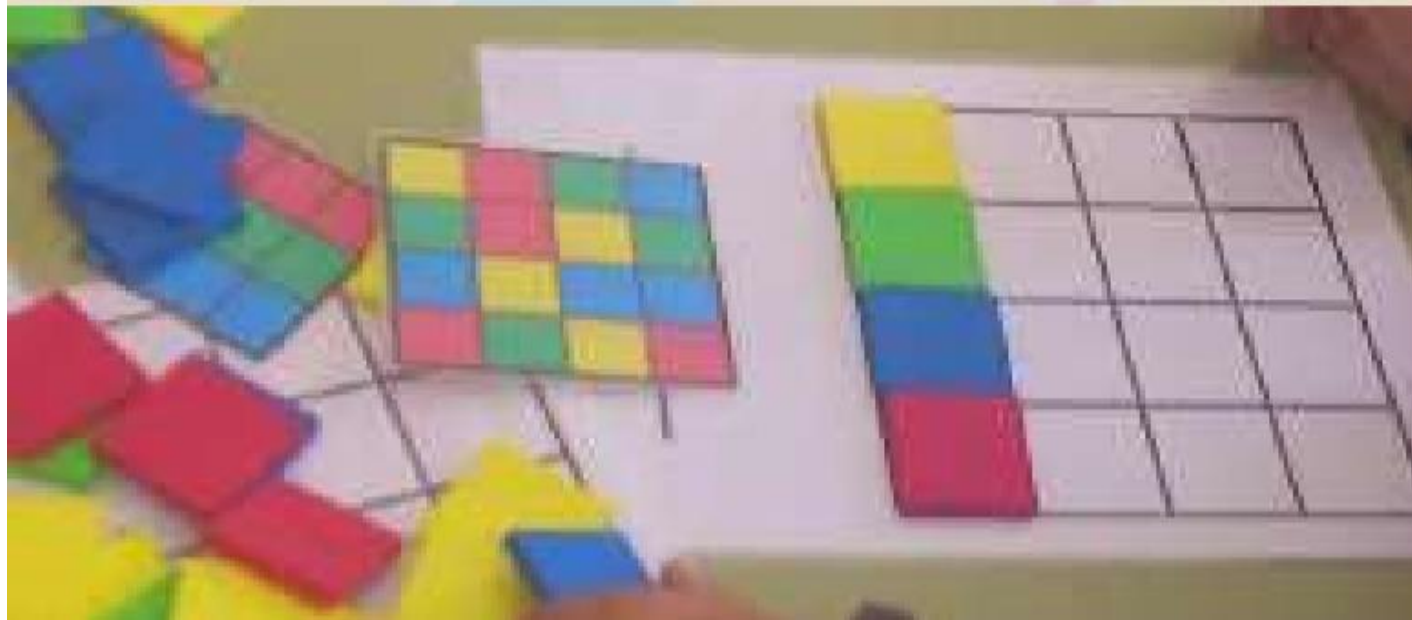
Paper, markers, and clothes pins. **Counting, addition, and fine-motor skills.**



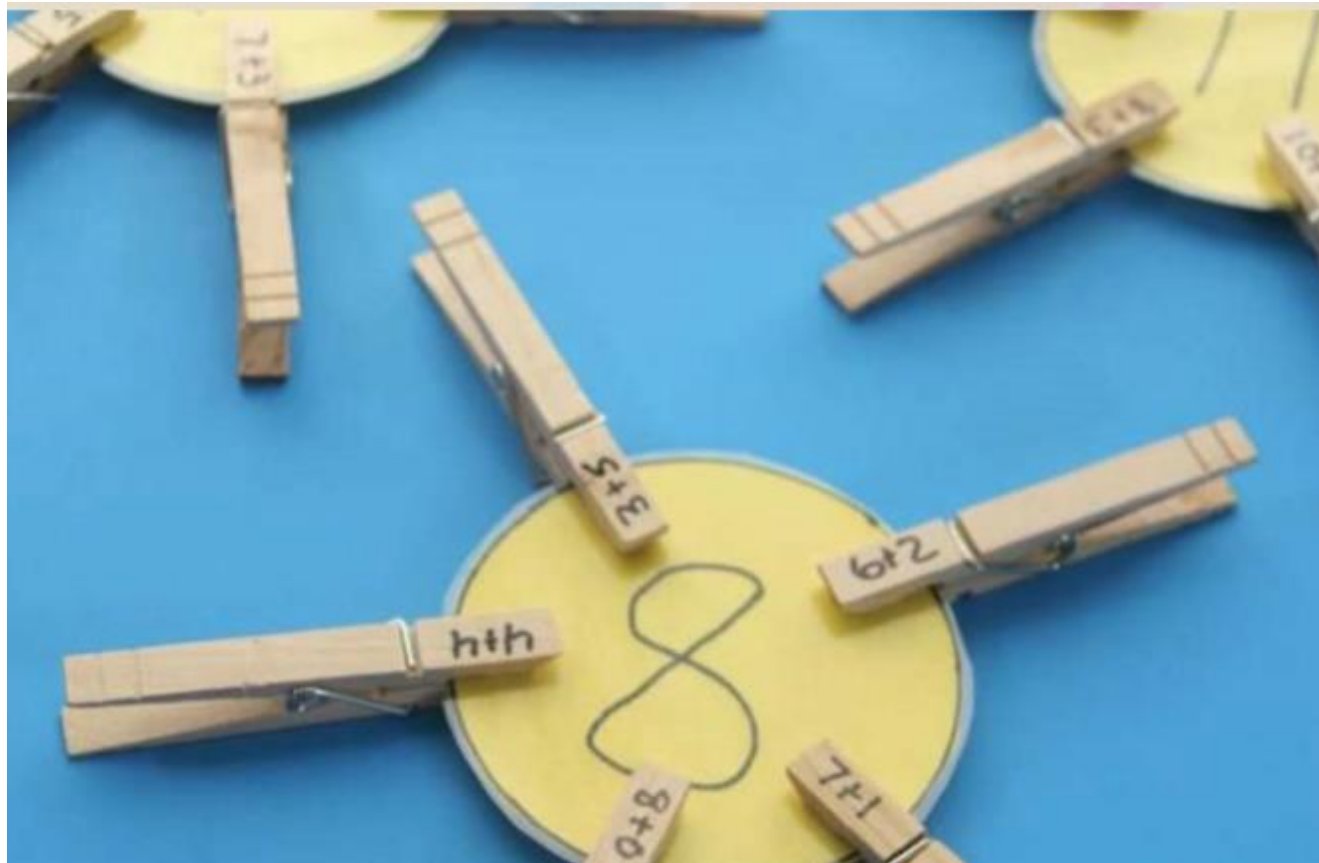
Paper, paint or markers, and clothes pins. Match the colors. Learn Colors and fine-motor skills.



Paper and markers. Match the drawing with the same colors. **Immitation and constructive practice.**



Clothes pins, marker and paper. Match the summation to the correct number. **Counting, addition and fine-motor skills.**



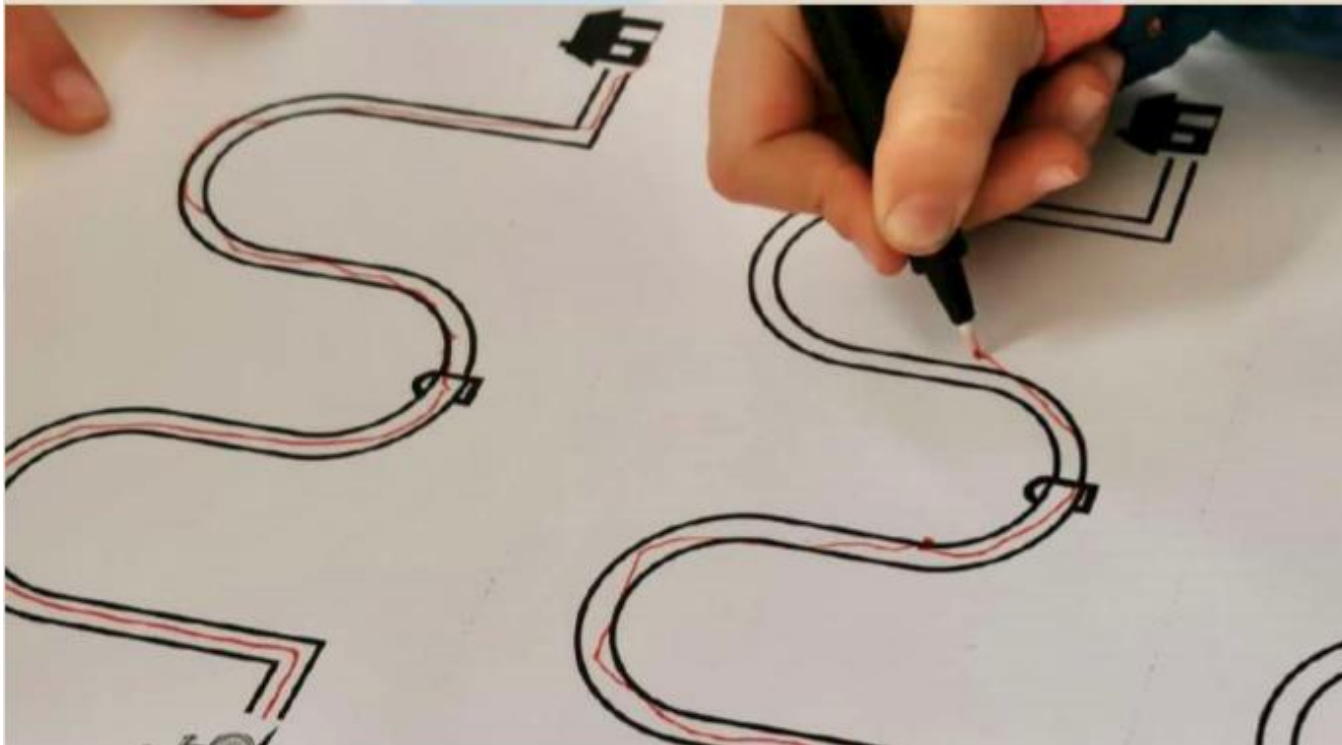
Clothes pins, paper, and markers. **Read, write and draw.**



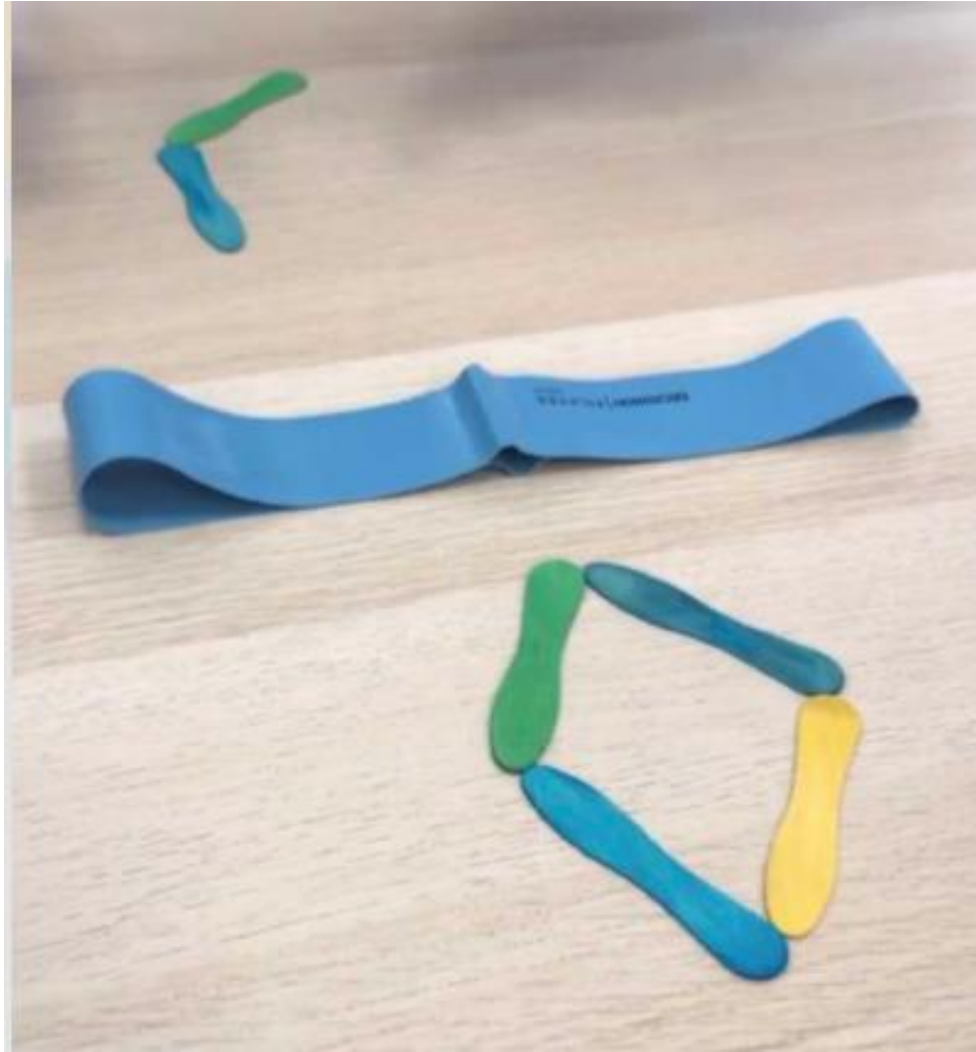
Clay, paper and marker. **Fine-motor skills and learning letters.**



Paper and marker. Can the cyclist arrive home? Can the bunny make it home? **Hand-eye coordination, and visual tracking.**



Colored popsicle sticks. Match the shape with the right colors. **Imitation, and constructive practice.**



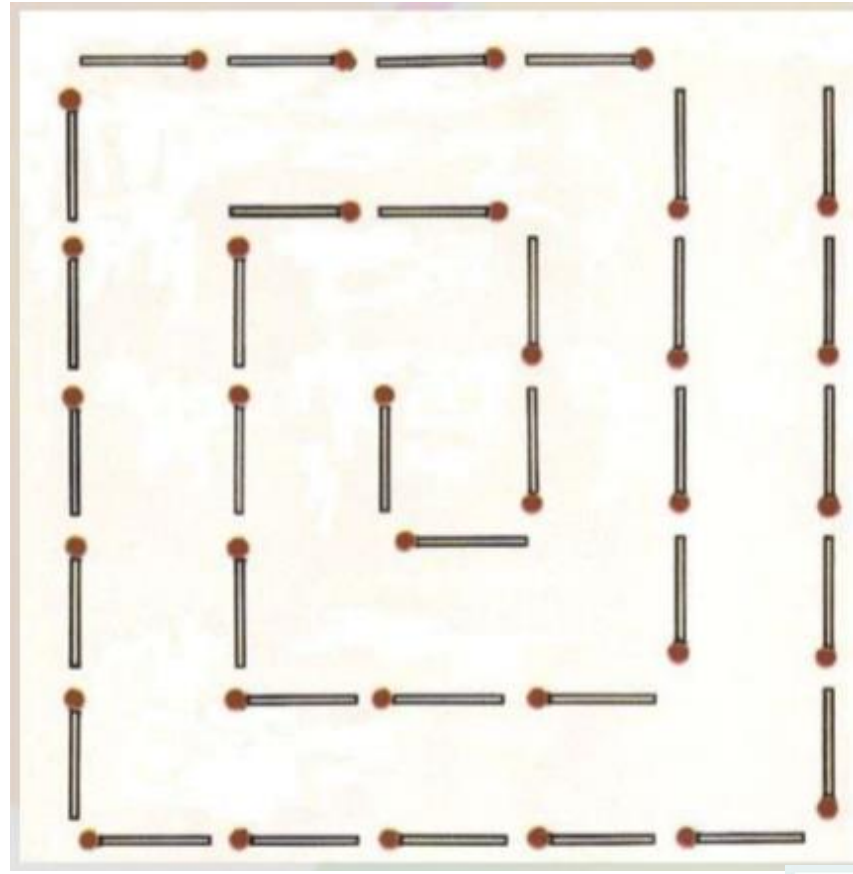
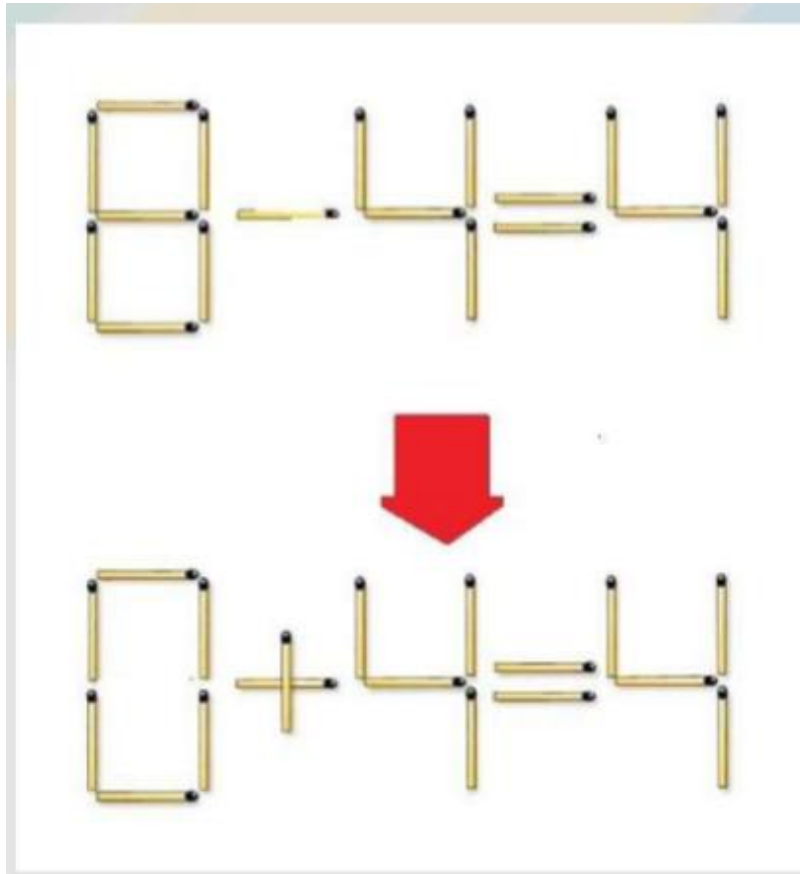
Paper, markers, balls. Aiming, hand-eye coordination.



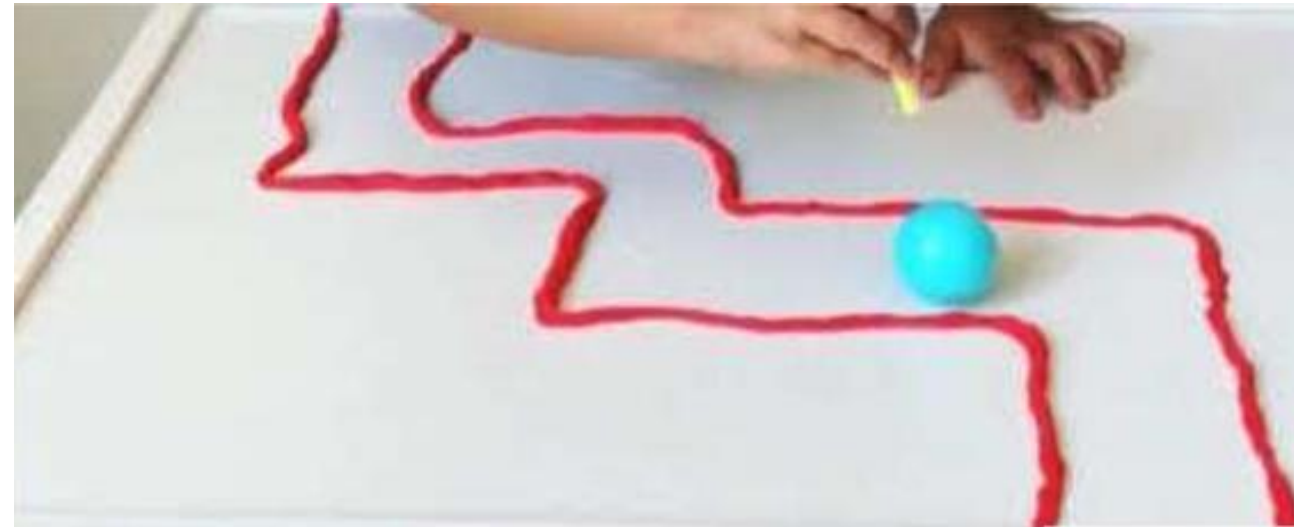
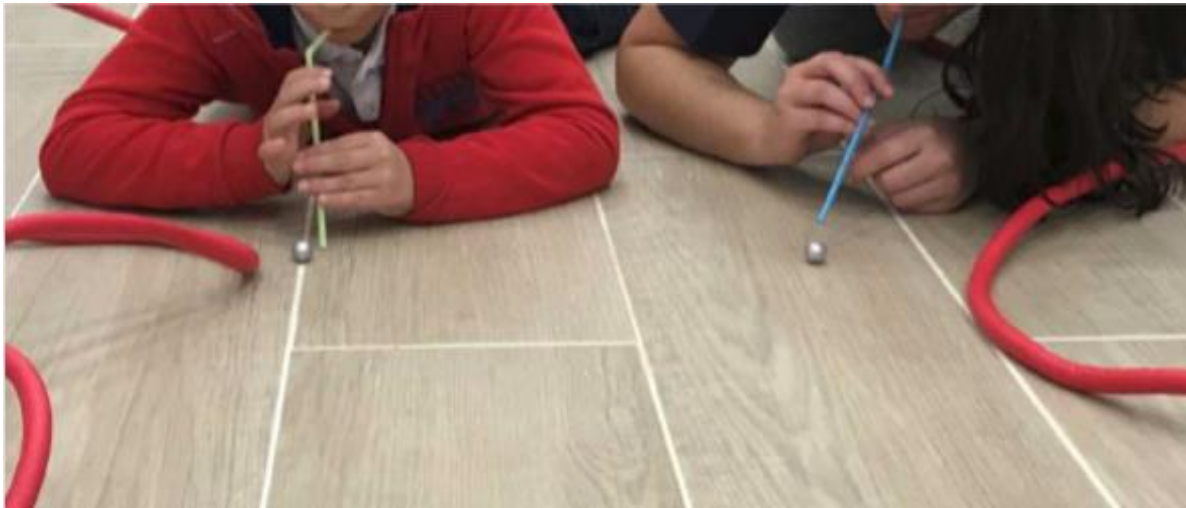
Container, paper, and salt. **Blow and find the letters of your name.**



Matches. Mathematical operations, circuit drawings, imitation and constructive practice.



Straws, ropes or string, and ball or marble. **Race, blow the ball and stay in the circuit.**



Tooth picks. Writing and drawing.



Don't forget that kids can also help with daily activities...

- Pick up the table
- Washing and putting away dishes
- Putting dirty clothes in the laundry
- Make their bed
- Help in the kitchen by mixing ingredients
- Etc..

This is a great time to have kids learn these activities. Our rushed day to day lives do not allow for them to learn the relationships of our autonomy like: dressing, undressing, eating with utensils, putting on or taking off shoes and socks.

Being stuck inside will not conquer our will to play and learn!